

How to take care after MINISH treatment

You did a great job during your treatment!

Minish is a treatment that restores the enamel layer, which is the core of dental health. Since Minish treatment restores your damaged teeth to look like natural teeth, it can be used like natural teeth. There is nothing specifically you have to worry about after treatment, but here are some tips for taking care of your teeth so that you can use healthy Minish for a longer period of time.

For a healthy orthodontic treatment, please mind the the following informations.

You can think of teeth as trees and gums as soil.

1 Maintain good oral hygiene

Pay attention to maintaining good oral hygiene to prevent the growth of bacteria that cause gum disease.

2 Brush your teeth properly and flossing

Please pay attention to brushing your teeth and gums boundary along with brushing the surface of the teeth, and use dental floss to manage the gap between the teeth that cannot be brushed.

3 Regular cleaning and check-ups

It is recommended to do cleaning every 3-6 months in order to remove plaque build-ups which can't be removed on your own.

Especially, pay more attention to brushing the gums and the edges of the Minish.

Poor gum care can cause gums to swell and expose the boundary between teeth and Minish

