

Precautions

After MINISH Treatment

- We recommend requesting detailed adjustments after 1-2 weeks as it takes time to adapt to the length and shape of MINISH. During the fitting check-up, let us know if any areas require further adjustments. (eg, the length of the canine teeth)
- Basic adjustments will be made on the day of the setting to address areas that feel high or uneven. During the check-up, any remaining bonding material will be removed, and more precise adjustments can be made. If you experience discomfort, particularly in the front teeth, please inform us.
- After MINISH treatment, you may feel as though something is stuck to your teeth, notice tightness between teeth, or experience slight awkwardness when speaking. This is a normal part of the adjusting process and will resolve naturally over time. However, if discomfort persists in any specific area, please let us know.
- The adjustment process focuses on creating a harmonious smile line that complements your facial proportions. As a result, the length of teeth on both sides may not align perfectly.
- You may feel a stiff material between your teeth or along the gums. This does not mean MINISH has broken. Any remaining bonding material will be removed during the fitting check-up.
- MINISH is not part of your natural teeth, so plaque and tartar will not accumulate on it. However, it is essential to maintain excellent oral hygiene, paying special attention to cleaning between the teeth and gums.
- Practice smiling along the smile line as much as possible. It takes time for the muscles around your mouth to adapt and move naturally.



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